

EDEN ROC  
CAP CANA



# *Valentines & Presidents week*

P R O G R A M

2023







**D***ear friends,*

*At Eden Roc Cap Cana, we believe that any reason is a good reason to celebrate.*

*As we continue we our 10 year anniversary celebration, we have prepared a selection of culinary, wellness, and family-oriented activities to make your stay with us memorable and fun-filled.*

*Thank you for joining us!*





## *Unique Moments of Togetherness*

*Take the much-needed time to celebrate  
the precious gift of love and be with the one you cherish most;  
it's time to experience an exclusive romantic dining experience.*

*Your personal concierge would be delighted to plan an  
unforgettable dinner just for you!*





## THE EDEN ROC CULINARY JOURNEY

Choose from any of our three Relais & Chateaux restaurants. Visit **Mediterraneo**, **Blue Grill + Bar**, or **La Palapa** to enjoy the dishes of our international culinary team created from the best ingredients, and accompanied by an ample selection of wines and spirits for you to enjoy.

MEDITERRANEO  
RESTAURANT

Mediterraneo has named itself the Dominican Republic's premier fine dining experience, showcased through culinary innovation and exceptional service. Presenting Mediterranean cuisine with a local flair, Mediterraneo represents the resort's founding principle: European inspiration, perfected in the Caribbean.

Blue  
GRILL + BAR

True to Eden Roc's commitment to culinary excellence and memorable celebrations, BLUE features a fusion of culinary offerings, a show-stopping bar and wine showcase, cigar cellar, and poolside rotisserie for outdoor afternoons.

La Palapa  
BY EDEN ROC

Breathtaking views of the Caribbean Sea; fresh, local ingredients; globally inspired cuisine. La Palapa by Eden Roc has the recipe for a truly memorable dining experience. Located on the bluffs of the Caribbean sea, surrounded by the soothing sights and sounds of the waves, La Palapa's atmosphere is destined to create a world-class culinary experience.

LA PALAPA  
All day dining



MEDITERRANEO  
6:30 P.M. - 11:00 P.M.



BLUE RESTAURANT  
6:30 P.M. - 11:00 P.M.





## *Be my Valentine' & Private Dinner Experience*

### ENJOY A WEEKEND OF LOVE

Celebrate the day of love with your significant other with our exclusive experience, found only at Eden Roc Cap Cana. Between the romantic atmosphere and our Executive Chef's world-class menu, this will be a night to remember.



### CENOTE OF LOVE

Enjoy a world-class experience, and take romance to the next level. Dine with your significant other inside an ancient 10,000 year old cavern for an unforgettably romantic evening with your loved one.







## SUNSET-TO-STARGAZING DINNER

Immerse yourself in an exclusive dining experience where the beach and evening sky serve as your dining room. Set perfectly before sunset, we create the opportunity for two very distinct experiences — sunset cocktails and stargazing drinks, with an exquisite culinary experience in-between.



## LA PALAPA'S GARDEN

Located at the water's edge, our La Palapa venue offers a uniquely romantic outdoor experience, with the sound of the waves at your side.



## LA CAVA EXPERIENCE

Celebrate love in a private and intimate atmosphere for a romantic evening or a family celebration. Each can be accommodated at the room's large wooden table amidst the hotel's fine wine collection.

**From 7:00 p.m.**

USD 950 plus tax (2 Person –includes one bottle of champagne)

Limited availability, contact your concierge for reservations.





## *Celebrations Of Romance*

Spoil your loved one with one of our romantic spa & wellness getaways.



### *Romantic Couples Massage*

Enjoy the ultimate indulgence – sharing your massage experience with your loved one. Romance abounds as you and your partner enjoy side-by-side massages in our spa suites.



### *Romantic Turn-Down*

Return to your luxury suite or villa, and enjoy a chilled bottle of Laurent Perrier Champagne and a sweet gift from our pastry chef. Rose petals set the scene for romance in the privacy of your room.



### *Romance in Paradise*

Make the most of your night away with breakfast in bed, provided through our exclusive romantic breakfast for two.





## *Spa, Stars & Romance*

End the evening with a spectacular outdoor spa experience. Couples receive a 60-minute massage under the stars on the outside patio of their suite, followed by a guided meditation to reconnect. Lastly, close out your experience with a time of stargazing on your private terrace.

## *Be in Love*

Enjoy the feeling of being in love with a relaxing massage with your partner, followed by choice of a facial or a reflexology session\*. After, a serene date in your couple's jacuzzi awaits you, spiced with a flower elixir and followed by a bottle of champagne & chocolate covered strawberries.

100 minute massages + bath

## *Yoga for two*

Known as couples yoga or partner yoga, this practice allows two people to relate to one another through assisted poses. From stretching your levels of trust to strengthening your communication, couples yoga can have a positive effect on your relationship, whether that be a friend, partner, or significant other, that extends far beyond the physical.

Please contact your concierge for reservations and pricing.





FRIDAY 10<sup>TH</sup>

### *Sweet Wine in Love*

Enjoy a tasting of Sauterne and Vin Santo, both types of sweet wines. They make a wonderful combination when paired with chef's bites!

**CAVA MEDITERRANEO**

**4:00 p.m.**

Limited availability, contact your concierge for reservations.

### *Rosé Sunset*

Watch the Caribbean sunset at Eden Roc Beach Bar and indulge in special concoctions by our Head Mixologist or sip a Rosé Wine from Provence in the company of your loved ones. Live music and special entertainment

**EDEN ROC BEACH CLUB**

**5:00 p.m.**

Please contact your personal concierge for reservations.





## *Heart Opening Sunset Yoga* FOR VALENTINE'S DAY

Our outdoor yoga class is adapted to all levels of practitioners and takes place in one of nature's most beautiful destinations.

This class combines the heart's opening postures and breath adapted to improve physical condition.

**LA PALAPA GARDEN**  
**5:00 p.m.**

## *Social Friday | Valentine's day Edition*

Love is in the air, everywhere I look around.

Enjoy your valentine's celebration with your loved ones  
at the rhythm of music with a unique Cabaret Show in an Eden Roc gastronomy  
Experience crafted exclusively for this evening.

*(Adults Only)*

**LA PALAPA RESTAURANT**  
**7:30 p.m.**







SATURDAY 11<sup>TH</sup>

### *NFL Combine-Inspired HIIT.*

Football fan or not, you can draw some workout motivation from the annual NFL combine. For four grueling days, prospective football players are put through an array of fitness tests and drills to gauge their potential in the league. The camp is nothing short of inspiring and intimidating

**WELLNESS STUDIO**

**11:00 a.m.**

### *Dancing Lessons*

Bring your moves to our lessons and learn bachata, merengue, and salsa, Eden Roc's style.

**WELLNESS STUDIO**

**6:00 p.m.**





## *Valentine's Cinema Night*

Sit back, relax, and enjoy a romantic comedy movie night under the stars.

Select from varied cinema snacks  
as well as unique Eden Roc signature dishes and drinks.

### **BEACH BAR DECK**

**7:30 p.m.**

Limited availability. Please contact your personal concierge for reservations.

## *Caviar & Champagne*

Start the evening with an informative introduction to caviar's captivating universe.

Different types of caviar are offered on the menu, all with a distinctive character  
based on different types of sturgeon.

This tasting is served with a variety of carefully selected champagne.

### **MEDITERRANEO RESTAURANT**

**7:00 p.m. – 10:00 p.m. | Special Menu selection**

A la Carte and Special Menu available

Limited availability. Please contact your personal concierge for reservations.





SUNDAY 12<sup>TH</sup>

**ENJOY THE SUPER BOWL LVII IN THE UTMOST OF STYLE,  
HERE AT EDEN ROC CAP CANA.**



**SUPER BOWL BBQ**

6:00 P.M



We invite you to watch the Super Bowl LVII live  
on our big screen at

*Blue*  
GRILL + BAR



**Kick-off: 7:30 p.m.**

Live Band | Beer Buckets | Special Menu.  
Please contact your personal concierge for reservations.



MONDAY 13<sup>TH</sup>

## *Stretch & Feel the Love*

Valentine's Day is all about connection. Plan this fabulous wellness date with your significant other or schedule the ultimate self-care day soaking up all the good vibes from Oscar, our world-class yoga instructor.

**WELLNESS STUDIO**

**9:30 a.m.**

## *Valentine's Craft Workshop*

We are all set to help you and your little ones to make cards for family and friends! Stop by to create lifelong memories with your little loved ones.

**KOKO KIDS**

**11:00 a.m.**

## *"Be my Valentine"*

CHOCOLATE WORKSHOP

You will have the opportunity to experience a fun chocolate making experience with our pastry chef. Make it a night to remember by making, sampling, and decorating premium chocolates.

**BLUE RESTAURANT**

**4:00 p.m.**

Limited availability. Please contact your personal concierge for reservations.

## *"About Bubbles"*

EDEN ROC'S SIGNATURE CHAMPAGNE CLASS

Let our sommelier guide you on a unique journey through all the wine regions. Learn about premium selections of Brut, Rosé, Blanc de Blancs, and the best bites to pair them with.

**MEDITERRANEO RESTAURANT**

**4:00 p.m.**

Limited availability. Please contact your personal concierge for reservations.

## *Nuits en Provence*

Indulge in an authentic, delicious dinner of southern French cuisine and wine, with classical romantic French music in the Caribbean Islands.

**MEDITERRANEO RESTAURANT**

**7:00 p.m. - 11:00 p.m.**

A la carte and special menu available - USD 105 plus tax





TUESDAY 14<sup>TH</sup>

*Floristry Lesson*  
FAMILY ACTIVITY

Discover the art of flower arranging,  
and learn the perfect tips and tricks for gorgeous bouquets.

Men - this is the perfect opportunity  
to surprise your special someone on Valentine's Day!

**LA PALAPA GARDEN**

**4:00 p.m.**

*Valentine French Macaroon Class*

Celebrate Valentine's Day cooking together!  
Learn to make beautiful French macaroons to give on Valentine's Day.  
These delicate pastries are as much fun to make,  
as you learn one on one with our pastry chef.

**BLUE RESTAURANT**

**4:00 p.m.**

Limited availability.  
Please contact your personal concierge for reservations.





## *Heart-Opening Valentine's Yoga*

POSES FOR KIDS AND FAMILY

Even though every day is "love day" for those around us, this special day makes us stop and think about what love really means. It is also a great opportunity to enhance relationships with your children and discuss pure love.

**LA PALAPA GARDEN**

**5:00 p.m.**

## *Eden Roc's Signature*

VALENTINES' DINNER

Let our culinary team delight you with a unique menu selection, only for Valentine's evening. Select from unique dishes to have a wonderful gala with your loved one, or among friends.

**MEDITERRANEO RESTAURANT**

**7:00 p.m. - 11:00 p.m.**

A la carte and special menu available. Please contact your personal concierge for reservations.  
USD 120 | Wine Pairing: USD 95

## *Oceanside Valentine's Dinner*

Uniquely created Valentine's menus and family items based on the classic Italian dinner.

**LA PALAPA RESTAURANT**

**7:00 p.m. - 11:00 p.m.**

A la carte and special menu available. Please contact your personal concierge for reservations.  
USD 95 | Wine Pairing: USD 85





WEDNESDAY 15<sup>TH</sup>

## *Take a Healthy Cooking Class*

Consider taking our healthy cooking class, whether you're a pro in the kitchen or a food delivery connoisseur!

A cooking class date can be a fun, educational way to discover new, nutritious recipes. Food brings people together.

So, make new memories as you enhance your cooking skills as a couple or alongside your cooking classmates for an unforgettable Valentine's Day experience.

**BLUE RESTAURANT**

**12:30 a.m.**

## *Entire Moon Singing Bowl Ceremony*

Embark on a moonlit journey of healing and sensual awakening with our authentic, hour-long session of singing bowl meditation. Relax and let go of the troubles of the world.

**MEDITERRANEO POOL**

**5:30 p.m.**

Limited availability. Please contact your personal concierge for reservations.

## *Full Moon Beach Grill*

Enjoy a special beach grill, family-style under the full moon in a magical, celestial setting with an entrancing display over the horizon.

**BLUE GRILL**

**7:30 p.m.**

Please contact your personal concierge for reservations.

USD 120 per person.





THURSDAY 16<sup>TH</sup>

## *The Ultimate Boot Camp*

This is the ultimate workout to make your goals. If you lay it all out during this session, you're bound to burn at least 500 calories by your last rep.

**FITNESS PATIO**

**9:30 a.m.**

## *Sake and Nikkei Fusion*

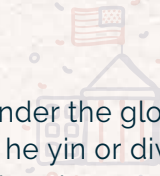
The aspect of Japan meets the fascination of Peru with this cuisine-combining cooking class. Use a combination of fresh ingredients and authentic techniques from both cultures, then sample two different types of sake.

**BLUE RESTAURANT**

**4:00 p.m.**

Limited availability.

Please contact your personal concierge for reservations.



## *Full moon Yoga*

Under the glow of the full moon and twinkling stars, honor the yin or divine feminine side of your energy with Moon Salutations to shift energy and counterbalance the masculine nature of classical Sun Salutations.

The full moon is an auspicious time to counter negative forces, replenish vital energy and restore the balance between God, man and nature. Embrace the power and uplifting energy of this important day with Full Moon Yoga.

**POOL DECK**

**6:00 p.m.**

## *From Capri with Love*

Taste the flavors of an authentic Italian feast, inspired from the region of Capri.

**MEDITERRANEO RESTAURANT**

**7:00 p.m.**

Set Menu USD 105 | Wine Pairing USD 85 plus tax.



## *Anema E Core*

Meet us for a classic Italian social hour at Riva Bar, complete with live music, our unique bar experience, and great company.

**RIVA BAR**

**9:00 p.m.**





FRIDAY 17<sup>TH</sup>



## Family Fitness Experience

Shake off some energy and do fitness in the best way – the kids' way! Fun, action-packed and lively, this class will have you running back for more!

**WELLNESS STUDIO**

**11:00 a.m.**



## Sunset Yoga

Join our class combining postures and breath, adapted to all-level practitioners to improve physical condition, flexibility, and strength.

**LA PALAPA GARDEN**

**5:00 p.m.**



## Social Friday

CARNAVAL EDITION

Whether you have Saturday night fever or want a break free, join us for a throw-back to the era that started it all. If there was any reason for a disco ball, then this is it.

**LA PALAPA GARDEN**

**7:30 p.m. – 1:00 a.m.**







SATURDAY 18<sup>TH</sup>



## Margarita Class

Join our bartenders beachside for a cocktail class on preparing the classic Margarita.

**EDEN ROC BEACH CLUB**

**5:00 p.m. - 7:00 p.m.**

Limited availability.

Please contact your personal concierge for reservations.



## Hiit Class



The beach is an ideal outdoor gym to enjoy the best of nature and exercise. HIIT stands for High Intensity Interval Training, which motivates weight loss pursuits and workout goals. Experience a combination of strength toning and cardiovascular pumping exercises with these beach-inspired exercises.

**WELLNESS STUDIO**

**6:00 p.m.**





SUNDAY 19<sup>TH</sup>



### *Pilates by Eden Roc's Lifestyle*

Our unique and transformative approach to pilates will have you feeling not just stronger and leaner, but relieved of physical tension and mental stress.

**FITNESS STUDIO**

**11:00 a.m.**



### *Pie Baking Class*

If you're new to pie baking or just want to brush up on your skills, this fun and informative introductory class will teach you the basics for creating our all-time favorite pie.

**BLUE RESTAURANT**

**4:00 p.m.**

Limited availability. Please contact your personal concierge for reservations.




### *Mocktail Family Competition*

Learn from our award-winning bartenders in creating your own fruity concoction in this fun competition! Enjoy your refreshing beverage after the class to cool down from the Caribbean sunshine.

**LA PALAPA DECK**

**4:00 p.m.**



### *Dancing Lessons*

Bring your moves to our lessons and learn bachata, merengue, and salsa - Eden Roc's style.

**WELLNESS STUDIO**

**6:00 p.m.**



### *80's movie Cinema Night*

Sit back and relax with a movie night under the stars for a classical 80s movie experience in the Caribbean.

**BEACH POOL DECK**

**9:00 p.m.**

Limited availability. Please contact your personal concierge for reservations.







MONDAY 20<sup>TH</sup>



## *President's Day Beach BBQ*

Celebrate President's Day with a beachside BBQ. Between the vibes from our DJ and an endless array of juicy burgers, grilled veggies, hot dogs, and savory cocktails, this will be

**EDEN ROC BEACH CLUB**

**12:00 p.m.**



## *American Wine Class*

Our sommelier has arranged an experience to immerse you into one of the greatest American wines, while pairing it with our chef's suggestions.

**MEDITERRANEO**

**4:00 p.m.**

Limited availability. Please contact your personal concierge for reservations.







TUESDAY 21<sup>ST</sup>

## *Pizza Cooking Class*

This private masterclass is tailor-made for families. Get hands-on as you make authentic stone oven pizzas, select your custom toppings, then dig into your own delicious, homemade pizza.

**BLUE GRILL + BAR**

**4:00 p.m.**



## *Bike Tour*

Experience the diversity of Cap Cana's landscape by bike and meet other guests from around the world. Members of Eden Roc's Executive Team may even come along for the ride! This can be organized as a group social activity or a private tour for the family based on their preferred schedule.

**EDEN ROC'S VILLA LOBBY**

**5:00 p.m.**



## *The Steakhouse at Blue*

Blue Grill + Bar becomes the house of the USDA Prime Steaks for this special evening where we present the finest marbled cuts for your culinary delight. Mixology and a special wine selection will accompany the special Steakhouse menu.

**BLUE GRILL + BAR**

**7:00 p.m.**





# EDEN ROC

CAP CANA



ALL PRICES ARE SUBJECT TO 18% SALES TAXES AND 10% LEGAL CHARGES.  
Limited availability. For information and reservations please contact:

T. +1 (809) 469.7491 | [events@edenroccapcana.com](mailto:events@edenroccapcana.com)

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**RELAIS &  
CHATEAUX**