

EDEN ROC SPA

BY

Natura Bissé

Barcelona

A spa specially created for you to transform your skin while disconnecting from the outside world. Enjoy the experience and feel the results with the most high-end treatments.

*Keep your holiday glow  
with Natura Bissé*

# NATURA BISSÉ

## SIGNATURE EXPERIENCES

Experience a new level of well-being with the iconic treatments designed by Natura Bissé. Three cutting-edge spa concepts that will transform any ritual into the ultimate wellness journey.





## THE SIGNATURE EDEN ROC

*Time to restore face & body*

120 MIN

PROTECTS · REPAIRS · REGENERATES

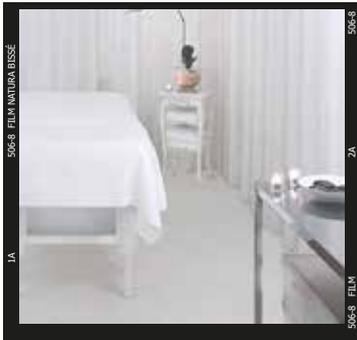
A luxurious signature experience for face and body that soothes the redness caused by sunburns with an extraordinary desensitizing complex that reinforces the skin's own defense system. All these benefits are enhanced by the application of a facial LED mask followed by a relaxing body massage.



## The Mindful *touch*

YOUR MINDFULNESS SPA EXPERIENCE

Add The Mindful Touch to any spa service and enjoy an incredible ritual that masterfully combines Natura Bissé's exclusive facial and body treatments with the most advanced technology. Virtual reality, mindfulness exercises and the wonderful power of touch come together to offer a unique way to focus on your senses. You will achieve renewed serenity and energy, a deep level of relaxation that will be reflected in incredibly rested and radiant skin.



## THE PURE AIR SUITE

Natura Bissé has created an exclusive sanctuary in which to perform treatments, where the air you breathe is 99,995 % pure and completely free of polluting particles; where the ephemeral power of pure air provides instant visible rejuvenation. The Natura Bissé Pure Air Suite is an immersive experience that produces outward luminosity and inner relaxation.

*The Natura Bissé Pure Air Suite is subject to availability. All Signature Experiences should be booked in advance with our Spa and Skin Concierge.*

# RED CARPET READY

Get ready to walk the red carpet with this exclusive collection of treatments unveiled at the world's most glamorous A-list events. Luxury treatments for face or body based on Natura Bissé's most coveted collections. Premium experiences that will make your skin glow.

506-8 FILM NATURA BISSÉ

1A



506-8

2A

506-8 FILM

## DIAMOND EXPERIENCE LIFE INFUSION RITUAL

90 MIN

*Transform your skin*

RENEWS · FIRMS · REVITALISES

A luxurious experience that preserves the youth of skin and helps slow the ageing process. Visibly diminishes fine lines and wrinkles, restores a youthful energy to your skin, dramatically reverses premature ageing, and increases firmness and elasticity. A transformative ritual that results in a wonderfully firm and glowing complexion.

## DIAMOND COCOON EXPERIENCE

60 MIN

*Prebiotic treatment that breathes new life into skin*

STRENGTHENS · SHIELDS · LIBERATES

Diamond Cocoon Experience is a revitalizing and necessary detox for both the mind and the body. Thanks to an infusion of powerful ingredients applied using enveloping massage techniques, skin glows with renewed health and beauty. Repairs skin and helps reverse effects of modern pollution and stress. Skin emerges clean, healthy and luminous.

## DIAMOND EXPERIENCE ROSE MASSAGE

60 | 90 MIN

*Indulgent body treatment for 5-star skin*

RESTORES · NOURISHES · RELAXES

A smoothing and nourishing body exfoliation followed by a regenerating massage with the exquisite fragrance of Damask Rose Oil. The perfect body ritual to recover the suppleness, radiance and elasticity of your skin while transporting you to a complete state of well-being and relaxation.

# SKINCARE ATELIER

Enjoy these facial treatments, specially designed to address all skin conditions.  
All skin types will find the right option to restore beauty and radiance.



## THE 3D COLLAGEN SHOCK

60 | 90 MIN

*A boost for skin*

SCULPTS · FIRMS · TIGHTENS

A remodelling and firming treatment with three types of collagen that sculpts and defines your facial contour, improves skin density and locks in moisture. This innovative facial provides an outstanding lifting effect while revealing incredibly supple and plump skin.

## THE CITRUS ESSENCE

60 MIN

*Powerful antioxidant treatment*

REVITALIZES · STIMULATES · FIRMS

To prepare and restore your skin from sun exposure, Vitamin C stimulates collagen production and renews skin firmness. The refreshing aroma of mandarin oranges on a relaxing Mediterranean experience will take you away.

## THE O2 RELAX



60 MIN

*Awake of pure oxygen for Skin*

PURIFIES · BRIGHTENS · BALANCES

The revitalizing power of pure oxygen will descongect and brighten a tired, dull complexion restoring an even tone and a healthy natural glow..

## SKINCARE ATELIER ENHANCEMENTS

15 MIN

Boost your facial with one of our enhancements to increase the benefits or to treat specific concerns. Adding just 15 minutes more, your treatment multiplies its results to reveal perfect skin.

**Eye mask** DE-PUFFS · DECONGESTS · DRAINS

**Instant Peel** REVEALS · RENEWS · EXFOLIATES (30MIN)



**Active Face Contouring technique** REDEFINES · SCULPTS · RE-SHAPES

# BODY ATELIER

## MASSAGE

Indulge yourself with Natura Bissé transformative massages. Feel the expertise of our therapists along with the power of our cutting-edge skincare collections on your skin. Enjoy these extraordinary experiences to relax and unwind.

506-8 FILM NATURA BISSÉ

1A



506-8

2A

506-8 FILM

## QUIRO GOLF

60 MIN

*Complete face & body massage perfect for sports enthusiasts*



STIMULATES · REVITALISES · RECHARGES

A deep massage with golf balls ideal for relieving and reducing muscle tension, joint pain and stiffness.

## LOMI JUMA

60 MIN

*Take time out to restore your balance*

ENERGISES · BALANCES · SOOTHES

Restore your inner balance with a fusion of massages and stretches inspired by different techniques of Asian Pacific and traditional Mediterranean practices. This protocol improves microcirculation, relieves your joints and relaxes your muscles, while restoring your physical and mental well-being.

## SIGNATURE MASSAGE



60 MIN

*Your tailored time out*

RELAXES · BALANCES · RELIEFS

Performed with the specific technique of your choice: Swedish to relax the entire body, Deep Tissue to help relief muscle tension and pain or Hot Stones for promoting deep sleep. Choose your oil of preference to obtain additional benefits: energising, decongestive, relaxing or purifying.

## BACK, NECK & SHOULDERS



30 MIN

*Quick fix for stressed areas*

RELAXES · RECHARGES · BALANCES

Enjoy a short but effective relaxing massage. Perfect to release muscles in specific areas where stress is concentrated.

## LIPOCELL SCULPTOR

60 MIN

*Transform your body*

SLIMSDOWN · FIRMS · SCULPTS

Sculpt your body with an ultra concentrated slimming and anti-celuliting gel combined with advanced massage techniques to countour your figure.

# BODY ATELIER

## TREATMENTS

See unparalleled results with these full body treatments that pamper with potent active ingredients. Preserve the health and beauty of your skin by immersing yourself in a relaxing, restorative experience.

506-8 FILM NATURA BISSÉ

1A



506-8

2A

506-8 FILM

## O2 BODY PERFECTION



*The oxygen boosts your body needs*

60 MIN

PURIFIES · HYDRATES · REVITALISES

Indulge your skin with oxygen, enjoy a full body peel to aid skin renewal followed by a luxurious soufflé mask to revitalise and nourish the skin. Rich in macronutrients to provide an intense nourishing, firming and rejuvenating effect, this exceptional ritual helps improve fluid retention, eliminate toxins and reduce cellulite. Completed with a customised body oil application.

## CITRUS DRENCH

*A citric bath that enlivens body and mind*

60 MIN

REVITALISES · FIRMS · ENERGISES

Treat your skin to a full exfoliation, followed by a firming and hydrating C+C Vitamin Body Cream treatment. This revitalising experience using highly concentrated vitamin C emulsions will protect your skin against dryness and premature ageing.

## DETOX MARINE ESSENCE

*A detoxifying remedy for your body.*

60 MIN

DETOXIFIES · REGENERATES · HYDRATES

Bamboo particles polish away dead skin cells, followed by a body mask rich in different types of marine algae that will help detoxify, hydrate and firm the body.

## BODY POLISH BAR

*Exfoliation of choice for dream skin*

45 MIN

EXFOLIATES · SOFTENS · RENEWS

Choose a full-body exfoliation that can be added to any treatment:

- Rose and diamond dust for a smoothing and nourishing treatment.
- Citrus exfoliation that revitalises and brightens.
- Bamboo micro-fibers that effectively eliminate dead cells for soft and nourished skin.

# SUMPTUOUS

## FACE & BODY COMBINATIONS

The most luxurious treatments to pamper the skin on both your face and body. Relaxing and transformative experiences that will reveal an incredibly glowing complexion and renewed skin.



506-8 FILM NATURA BISSÉ

1A

506-8

2A

506-8 FILM

## ROYAL CITRUS

90 MIN

*Restoring citric ritual.*

REVITALIZES · NOURISHES · PROTECTS

Drench your skin with an intensely hydrating firming C+C ritual for face and body. This revitalizing ritual includes an exfoliating wrap formulated with mandarin, and a soothing antioxidant facial. The treatment is completed with a luxurious.

## ROYAL OXYGEN

90 MIN

*Oxygenating massage treatment with an instant facial*

DETOXIFIES · PURIFIES · HYDRATES

Oxygenate your Skin with an intensely hydrating and detoxifying ritual for face & body that will restore your inner balance.

## EDEN ROCK LUXURY EXPERIENCE

120 MIN

*Bespoke face and body experience*

Build your perfect face and body experience in three steps:

Step 1: **Select a 60-minute facial treatment\***

Step 2: **Choose any 60-minute body treatment or body massage\***

Step 3: **Enjoy an Enhancement of your choice**

*\*Skincare and Body Atelier Treatments Only*

# HANDS AND FEET TREATS

Pay special attention to hand and feet to keep them looking pretty and meticulously cared for.

506-8 FILM NATURA BISSE

1A



506-8

2A

506-8 FILM

## OXYGEN HANDS

60 MIN

*Soother, softer hands.*

HYDRATES · RENEWS · REPLENISHES

The damage caused by external aggressors will instantly disappear to reveal radiant, revitalized skin.

## OXYGEN FEET

60 MIN

*Soother, softer feet*

HYDRATES · RENEWS · REPLENISHES

Erase years of stress and reveal smooth, supple and comforted skin.

## CITRUS HANDS

60 MIN

*Nourished, perfect hands*

REPAIRS · BRIGHTENS · REVITALIZES

Restore vitality to your hands with a dose of vitamin C full of antioxidants that will firm and brighten your skin.

## CITRUS FEET

60 MIN

*Nourished, perfect feet.*

REPAIRS · BRIGHTENS · REVITALIZES

The power of vitamin C effectively repairs the damage caused throughout the years, revealing smooth, supple skin.

*Keep your holiday glow  
with Natura Bissé*