



EDEN ROC
CAP CANA

LABOR DAY

WEEKEND PROGRAM





10 years
EDEN ROC
CAP CANA



*D*ear guest,

We are excited to welcome you to our special Labor Day program at Eden Roc Cap Cana. As we honor and recognize the American workers on their achievements together. We have prepared a selection of culinary, wellness and family-oriented activities to make your stay with us memorable and fun-filled.



An aerial photograph of a tropical beach. The top half shows a sandy beach lined with palm trees, some of which have thatched umbrellas. A person is standing in the shallow, clear turquoise water. The bottom half of the image shows the ocean with white waves breaking onto the shore.

**EDEN ROC CAP CANA WAS CHOSEN
AS ONE OF THE TOP FAVORITE
RESORTS IN THE CARIBBEAN BY**



THURSDAY, AUGUST 31 st

PAINTING WORKSHOP

We will celebrate our end of summer painting.

KOKO KIDS CLUB

11:00 - 12:00 a.m.



CORE, GLUTES & LEGS DAY

Strengthen your core, glutes, and legs in this powerful and effective workout.

WELLNESS STUDIO

6:00 p.m.



CAPRI WITH LOVE

We want to invite you to participate in our authentic Italian Family-Style Dinner Set up menu, a gastronomic journey to the origins of south Italian cuisine and culture. You will be mesmerized by the delightful voice of our Italian singer.

MEDITERRANEO RESTAURANT

7:00 p.m.

SET UP MENU: ADULTS USD \$95 | CHILDREN USD \$45



FRIDAY, SEPTEMBER 1st

RELAY RACE

Call all your friends to enjoy an afternoon full of fun, water balloons, musical chairs and more

KOKO KIDS CLUB

4:00 p.m.



SUNSET YOGA

Practice self-care by joining a family of like-minded individuals working to strengthen posture and flexibility of the body on the bluffs overlooking a Caribbean sunset.

LA PALAPA GARDEN

5:00 p.m.



SOCIAL FRIDAY

Social Friday combines the best of worlds, family and friends enjoying delicious dinner with the sound of the live music playing under the bright stars

Eden Roc.

LA PALAPA RESTAURANT

7:00 p.m.

A LA CARTE MENU | LOUNGE AREA PRE-BOOKING REQUIRED.



SATURDAY, SEPTEMBER 2nd

DANCE PARTY

Family activities to keep your kiddos entertained. Bring your friends and enjoy an afternoon full of dancing, games, and so much more.

KOKO KIDS CLUB

4:00 p.m.



PAELLA SATURDAY

Embark with us on a culinary adventure through the vibrant flavors of the Spanish cuisine with our irresistible paellas and refreshing summer cocktails while appreciating the informal and relaxed environment of Punta Espada Restaurant.

PUNTA ESPADA RESTAURANT

12.00 p.m. - 4.30 p.m.



BLUE BEATS AND BITES

Join us for a Live Music Band at Blue Restaurant, and our Contemporary International Cuisine offers a sophisticated twist of informal eating and drinking.

The ethos of Blue is to deliver authentic flavors of the Nikkei and Grill Meat respecting the traditions and high quality of products.

BLUE RESTAURANT

7:00 p.m.



SUNDAY , SEPTEMBER 3rd

HIIT

Unleash your full potential in a dynamic HIIT class. Experience intense intervals, maximum calorie burn, and an invigorating workout that leaves you feeling accomplished.

WELLNESS STUDIO

11:00 a.m.



ARTS AND CRAFTS

Come and enjoy with us doing excellent labor of art!

KOKO KIDS CLUB

3:00 p.m.



CUP CAKE DECORATION CLASS

Do you want to showcase your baking abilities?

Kids will learn how to create and decorate cupcakes with our Pastry Chef.

(Complimentary and subject to availability)

BLUE BAR+ GRILL

4:00 p.m. - 5:00 p.m.



FAMILY SPECIAL DINNER

A special Family-Style dinner with Caribbean flavors to celebrate the end of summer.

LA PALAPA RESTAURANT

7:00 p.m.



MONDAY, SEPTEMBER 4th

MEDITATION

Enhance your physical and mental health while improving your breathing. Get a step back and find our inner peace.

WELLNESS STUDIO

10:00 a.m.



**LABOR DAY WEEKEND BARBECUE AT
THE BEACH**

Labor Day is a day to relax at Eden Roe Beach Club, and we choose to celebrate it with a barbecue. Come and join us this Sunday with live music, and DJ at the beach.

EDEN ROC BEACH CLUB

12:30 p.m.

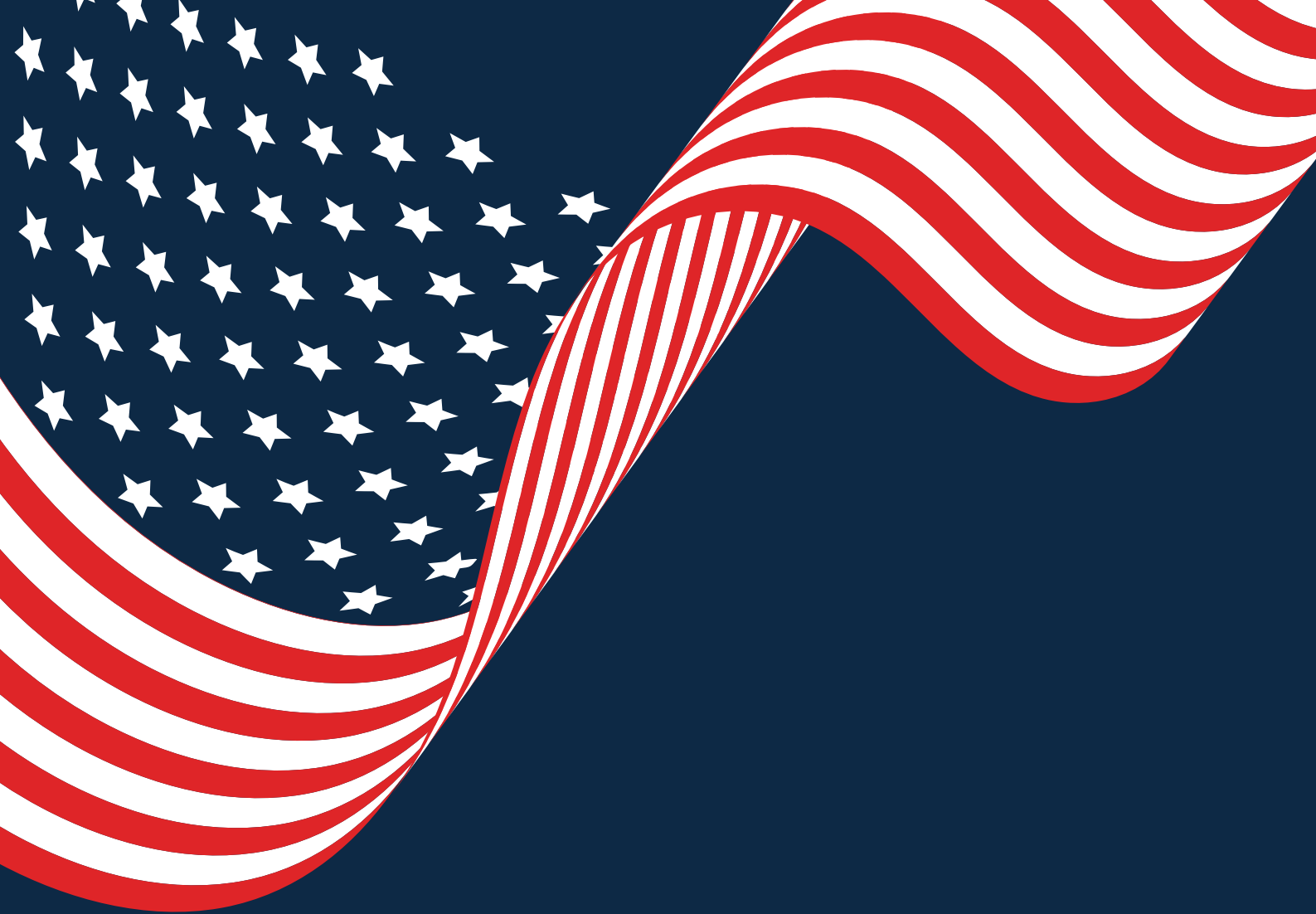


MINUTE TO WIN IT

Join us while we play all sorts of fun games, from "Balloon pop" to "I spy" and others.

KOKO KIDS CLUB

3:00 p.m.



All Prices are subject to 18% sales taxes and 10%
legal charges. For Information and Reservations please contact:
T. +1(809) 469.7491 | events@edenroccapcana.com
www.edenroccapcana.com